

CLEANSE

Gentle Detox Formula

LEMON GINGER



When you want to feel more energized, accelerate weight loss, or simply push the “reset” button on your eating habits, it’s the perfect time to Cleanse.*

GIATrim’s CLEANSE Gentle Detox Formula contains Aloe Vera and Ginger to aid in your digestion, detoxification and elimination. CLEANSE is formulated with GIA’s patented Single File Alignment (SFA) Technology, designed to deliver the results YOU want.*



By single-file aligning (SFA) and energetically entraining its world class nutritional formulations with the proprietary GIAplex™ technology, GIA Wellness has revolutionized the way nutritional products are recognized, absorbed, and utilized by your body. GIAplex has been designed to optimize the natural potency, vitality, and absorbability of every single nutrient, so that you get to enjoy the benefits of truly unparalleled product performance.*

- **Tastes Great!**
- **Aids in digestion, detoxification & elimination**
- **Helps reduce bloat & inflammation**
- **Helps balance an overly acidic diet**
- **Supports natural metabolism**



KEY INGREDIENTS & BENEFITS*

Aloe Vera

- Clinically proven as an effective elimination aid since the 1980s
- Ranked by health experts as one of the Top 10 Super Foods in the world

Ginger

- Shown to boost the body's metabolic rate, and therefore recommended for people struggling with excess weight
- Shown in a 2012 study to have a significant effect on the feeling of satiety after eating

Lemon Juice Concentrate

- Great for supporting a healthy immune system
- Experts have confirmed lemon juice is a natural energizer, and that it hydrates and oxygenates the body so you feel revitalized and refreshed

Chicory Root

- Helps increase the flow of bile, which supports digestion
- Shown to increase feeling of satiety or "fullness"

Cinnamon Extract

- M.D.s have stated Cinnamon is "emerging as a true miracle food in terms of health protection," noting how it supports a healthy metabolism, helps the body burn calories, and assists healthy brain function

Turmeric

- The Health & Wellness Magazine *First* called Turmeric "The spice that ends belly fat"
- Research at Boston's Tufts University discovered that the active ingredient in turmeric collapses midsection fat cells and powers up the liver by 89%

For more information contact:

FREQUENTLY ASKED QUESTIONS*

WHY DO I NEED TO CLEANSE?

For centuries, ridding the body of toxins has been a key focus for health experts in order to effectively improve both physical and spiritual wellness. Highly processed foods, chemical ingredients, and environmental toxins can make it difficult for our body to do its job as it relates to proper detoxification. A regular cleansing regimen can help improve and maintain your overall health and vitality.

HOW DOES IT WORK?

Unlike many other cleanse products on the market that may be harsh on the body, CLEANSE actually nourishes the body as it gently cleanses, and works to optimize your body's natural metabolism.

Most importantly, CLEANSE is activated with GIA's proprietary Single-File Alignment (SFA) and ERT technologies, ensuring that nutrients are delivered quickly, directly, and in a highly absorbable fashion.

HOW OFTEN SHOULD I USE CLEANSE?

We recommend you choose one of the three CLEANSE Programs:

Jump Start (Once Per Week)

To jump start your GIATrim "Shape" Program, mix four ounces of CLEANSE with eight ounces of GIA i-H2O, 4 times during your CLEANSE day.

2-Day Detox (Two days per week)

For accelerated weight loss and detoxification, mix four ounces of CLEANSE with eight ounces of GIA i-H2O, four times through the day.

Daily Cleanse (Once every day)

Combine one ounce of CLEANSE with eight ounces of GIA i-H2O. TIP: Try adding one ounce of GIA i-Thrive for great flavor & optimal results!

